

Being unkind online

It can be easy online for children to behave in a way that they wouldn't if they were face to face with each other. Talk to your child about how they speak to others online and encourage them to talk to people online with respect and kindness, like they would if they were face-to-face. How they act online should be how they behave on the school playground when they are following school rules. Here are some examples of what being unkind looks like online:



- Sending nasty or hurtful messages
- Leaving unkind comments
- Sharing photographs of somebody else without their permission
- Excluding somebody on purpose
- · Impersonating somebody with a fake account
- Telling/sharing lies

What can I do about it?:

Ensure that your child understands that if they receive unkind messages or see something that worries them, they should not reply or engage in conversation with the perpetrator. Instead, they should tell a trusted adult. Do not delete the messages, they may be needed in the future. You can use the tools within an app to report any offensive or hurtful content as well as block people so they cannot contact your child again in the future. Please let us know if you ever need support with these issues.

Top Internet Manners

Internet Matters have produced a list of 'manners' that we all should follow to create a safer and kinder online world

When should a child get their own phone?

If you are thinking about giving your child their own phone, then you might find the latest article from the Education Team at Childnet useful.

What if my child has seen something inappropriate?

This is a useful article from Thinkuknow explaining what to do and who to contact if you have any concerns.

#TRENDS TO BE AWARE OF#

Rec Room

Rec Room is available across different platforms and is free to play. It can be played with or without a VR headset. Rec room consists of player created rooms, in which players can play games and interact with others.

Rec Room is rated as 9+ by the App store. For players under 13 years of age, they are assigned a junior account. When creating a junior account, you can also add your own email address, which will allow you to manage your child's password and other settings such as in app purchases. Users with a junior account will not be able to message each other.

You should be aware of the following if your child is playing Rec Room:

- In app purchases: make sure your bank account details are not linked to the device your child is playing on.
- Chat: if your child does not have a junior account then there is a chat facility within Rec Room so there is a risk that your child could communicate with strangers.
- Inappropriate content: your child may come across themes or content that is not appropriate for your child. Rec Room does have reporting facilities so if your child is playing Rec Room, then please ensure they know how to use them and to talk to a trusted adult if they see anything that concerns them.
- You can find out more about Rec Room here

Anime TV

'Anime' refers to animations originating from Japan.

Some Anime contains adult themes. It is important to check age ratings so a starting point could be Common Sense Media. They have created a <u>list of some Anime</u>

<u>TV</u> with reviews/age ratings: